

## Maximizing your strengths for writers

Apr 16th - 19th 2026 | Edesheim | Palatinate, Germany

Maximizing your strengths for writers is a transformational retreat designed for authors who are ready to stop working against their natural wiring and start leveraging the power of their innate talents. Using the research-based Gallup CliftonStrengths® method, participants will explore how their unique strengths influence their creative process, productivity, decision-making, and writing career.



Bestselling author and Gallup-Certified Strengths Coach Becca Syme leads the retreat that combines individual coaching, small-group sessions, writing time, and restorative space. Writers will gain a personalized understanding of their top Strengths themes—what they mean, how they drive behavior, where they cause friction, and how they can be intentionally maximized.

This retreat is designed to help writers:

- Understand their unique creative and cognitive wiring
- Build writing habits and business structures aligned with their strengths
- Replace self-doubt and comparison with clarity and confidence
- Identify energy drains and optimize for joy, flow, and sustainability
- Break unhelpful patterns and create a strengths-based writing life that actually works

Participants leave with a renewed sense of identity as a writer, a customized strengths-driven roadmap, and the momentum to move forward with intention.

No one-size-fits-all formulas. No guilt. No forcing. Just you!

### What's included

• one-on-one strengths coaching with Becca Syme	• daily 3-course lunch menu
• 3 days of intensive workshops	• coffee break with refreshments
• 3 nights in a single room, including breakfast	• WiFi

**Retreat price per person: EUR 995.-**

**P&S Don't forget to sparkle!**

# Edesheim Castle

Edesheim Castle—nestled in a beautiful 5-hectare park with vineyards and water features—is an oasis of peace and enjoyment. A unique, historic ambience combined with the personal atmosphere of the hotel guarantees you an unforgettable stay.

Edesheim, a winegrowing village dating back over 1,200 years, is located in the midst of charming orchards and vineyards on the edge of the Palatinate Forest and directly on the German Wine Route. In the immediate vicinity, you will find numerous picturesque wine villages with many rustic wine taverns. Experience the Palatinate's joie de vivre at one of the region's countless wine festivals or during a leisurely wine tasting directly at the winery.

nearest Airport: Frankfurt (Main) International (approx. 113 km)



## ABOUT

Maximum number of participants: 11 people

Minimum age: 18 years

### **Booking & travel management:**

Agentur Plan & Sparkle GmbH

Klosterweg 17 | 89233 Neu-Ulm

Tel.: 0731 - 16572544

[travel@plan-sparkle.de](mailto:travel@plan-sparkle.de)

The offer is subject to availability at the time of booking.

Tour Operator: Agentur Plan & Sparkle GmbH | Klosterweg 17 | 89233 Neu-Ulm [www.plan-sparkle.de](http://www.plan-sparkle.de)

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## Mandatory registration writers retreat Apr 16th - 19th 2026

Name, First Name

Date of Birth

Street, No

ZipCode, City

Mobile Number

E-Mail

Retreat Price € 995.- per Person

Personal notes (allergies, etc.)

A deposit of 50% is due upon booking. The remaining balance is due 4 weeks prior to departure.

Place, Date

Signature

I have read and understood the ARB of the agency Plan & Sparkle GmbH and acknowledge this by signing below.

I have received and taken note of the form for informing travelers on package tours in accordance with Section 651a of the German Civil Code (BGB). My personal data will be stored and processed by Plan & Sparkle GmbH in accordance with the statutory data protection provisions for the purpose of fulfilling the contract and will only be passed on to contractual service providers (hotels, airlines, etc.).